

TeamHealth Clinician Well-Being Resources

Tools and Resources
That Make Your
Well-Being a
Top Priority



TeamHealth created the **Strategic Well-being Advisory Group** in 2019 to make clinician wellness a top priority.

The group is comprised of four core initiatives:

- 1 CRITICAL INCIDENT HUDDLES**
 - Developed best practices for critical incidents and training on how to handle these incidents.
- 2 PEER-TO-PEER SUPPORT GROUPS**
- 3 CLINICIAN RESILIENCY GROUP**
 - Maslach burnout inventory which is made free to all of our clinicians
 - Helps us recognize burnout concerns within ourselves and among our colleagues
- 4 CLINICIAN IMPAIRMENT GROUP**
 - A-PEX provides a comprehensive, scalable (and turnkey) program that creatively balances:
 - Roadmaps on how to treat impairment at the individual and leadership level
 - Three clinician impairment training sessions, human resources and CME activities

ADDITIONAL TEAMHEALTH RESOURCES INCLUDE:

- COVID stress debriefing sessions
- Suicide prevention campaigns including internal and external resources with CME activities ([Link](#))
- LiveWell resources for living: available to all clinicians and their family members
- Well-being rounding tool to ensure clinician health and safety



Peter Kah, MD

[Watch: Clinician Burnout](#)

Brian Hanrahan, MD

[Watch: Impairment Recovery](#)

